

### **3. Life transforming walk with Jesus (John 3:3)**

Read John 3:3 *Very truly I tell you, no one can see the Kingdom of God unless they are born again.*

What does this mean? A life-transforming walk with Christ is central - the process of committing ourselves to Christ, receiving forgiveness, acceptance and eternal life. What does this look like in your life? Parents, how are you growing in your faith? And how do we model this for our children?

Consider:

- Do your kids see you reading the Bible, participating in studies, sharing your journey?
- Do your kids see you more on your phone or in the Word?
- Do you create opportunities to pray together? Do they see you praying on your own?
- Can you create opportunities to share how God is at work in your lives?
- Ask your kids where they have seen Jesus during their day.
- Have a thankfulness jar – write what you are thankful for and put it in the jar.
- Consider a dinnertime ritual: (from Kara Powell at Fuller Youth Institute’s “Sticky Faith”) – share four things at dinner each night highs/lows/how you saw God at work today/share a mistake you made. Or share what you are thankful for.
- Create a Thankfulness Tree on the door to your garage. Encourage the family to add a leaf often of what they are thankful for.
- Listen to and sing scripture songs! Dance to them!!
- Read the Bible together! Ask questions and share how God has revealed the story to you as you have gone along your journey.

How do you know if your life is being transformed? Galatians 5:22 - you will bear the fruits of the spirit (love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control). Are these evidenced in your life?

#### **Parent Devotion: Life transforming walk with Jesus.**

Have you ever run into a friend you hadn’t seen in a long time? What were your first impressions of seeing them and getting reacquainted?

Read John 3:1-21

What change is Jesus describing that needs to happen for someone to enter the kingdom of God?

How does Jesus explain what being born again means?

How does someone become reborn of the Spirit?

Who is this Spirit and why does the Spirit cause someone to be reborn?

Why do you think Nicodemus struggled to understand this?

What do you do (in your own life) to strengthen your belief, trust and obedience in Jesus?

Can you think of a time in your life where you experienced spiritual change/transformation? Explain.

If your life were to change so it looked more like Jesus, what areas of your life would be most challenging to change? Why do you think this is so?

What are some things your family can do to help each other grow spiritually?